

TASTE TOURS

Into the Mild Gourmet travel meets Yoga



An all inclusive 6 night, 7 day wellness & cultural tourism discovery
on a biodynamic vineyard in the Beaujolais region of France



DATES 2015

27/3 - 2/4 • 17/4 - 23/4
22/5 - 28/5 • 26/6 - 2/7
17/7 - 23/7 • 18/9 - 24/9



www.tours-taste.com

TASTE TOURS

Into the Mild

Gourmet travel meets Yoga



Yoga twice daily for all levels & all ages



Hands-on gourmet cooking
classes & fine dining



Organic & Biodynamic
Beaujolais wine tastings



Medicinal plant seminars
& biodynamic kitchen garden



Cultural excursions to Lyon,
Macon & Perouges